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# TRAINING AND COUNSELING ON THE IMPORTANCE OF WORK SAFETY IN BBPLK SERANG CITY

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#### Abstract

A safe and healthy workplace is what every worker in the company would want. Therefore, it is vital that we lecturers from Bina Bangsa University feel called to hold counselling and training on K3 to prospective workers in Serang City. Counselling and training aim to reduce accidents due to work to improve the efficiency and productivity of work. Companies in Indonesia, in general include common concern about K3 compared to other countries. Indonesia will be difficult to deal with the global market with these conditions because it will experience inefficiencies in labor utilization due to low work productivity. The problems outlined earlier are attempted to be approached using pictures and props. The counseling and training on K3 are expected to reduce the risk of accidents and health problems for prospective workers and the surrounding community.

Keywords: K3; workers; productivity; Serang City

#### INTRODUCTION

Occupational safety refers to Law No. 1 of 1970 in Tarwaka (2017) explaining that work safety is safety related to engines, aircraft, work tools, materials and processing processes, work foundations and work environments, and ways of doing work and production processes. With the guarantee of occupational safety and health, potential dangers that may cause work accidents can be minimized. A work accident is an undesirable and unexpected event that can cause various losses, which occur inside or outside the workplace related to the work process. Work accidents are seen from human factors due to a lack of knowledge and skills, working inappropriately while joking, not using personal protective equipment (PPE), fatigue, boredom, and others. When viewed from environmental factors work accidents occur due to unsafe environmental conditions such as: work equipment that is no longer good

used but still used, inadequate lighting, non-ergonomic layout, as well as environmental conditions seen in terms of physical, chemical, biologi. Occupational Health and Safety Conditions (K3) must take precedence. Many companies in Indonesia are very low concern about K3 compared to other neighboring countries. This condition will be challenging to face by Indonesia in the global market because it experiences inefficiencies in labor utilization (low work productivity). Work safety factors become important because it is strongly related to employee performance and the company's performance. The more available work safety facilities the less receiptsko the possibility of work accidents. In line with the problem, lecturers who almost every semester visit BBPLK to deliver prospective city workers attack ready for work feel called to provide counseling and training on occupational safety and health. Therefore, through the Community Service Program (PKM), has provided information in the form of counseling and training to prospective workers in

the city of Serang about K3. It is expected that these prospective workers can be more concerned about occupational health and safety.

### METHOD AND PROCEDURES

The problem of lack of knowledge about K3 will be attempted to be approached and props, as well as provide information and counseling to prospective workers by further describing the pictures in order to know the importance of occupational safety and health so that with the information, it is expected to understand and pay attention to safety at the time do better prospective workersan. Counseling this time can also help the government provide information and preparation activities to socialization of work-ready trainees enrolled in the Center for Job Training Development, generally about occupational safety and health to the public. As the object of the implementation of PKM this time is the prospective workers in the Center for Work Training Development, Serang City. As is known, these prospective workers lack knowledge in using Personal Protective Equipment (PPE) at the time of work. In implementing this PKM, we provide counseling and training on the importance of PPE, namely helmets for the protective of the head of workers and oxygen masks so that they do not breathe smelly and toxic air that will gradually damage the respiratory tract and lungs of the prospective workers. Not to forget we also gave 25 helmets 25 oxygen masks and 2 pairs of safety shoes to the prospective workers

# **RESULTS**

At the beginning of the activity we went to a working group of prospective workers, consisting of several participants. In between their training, we provide counseling and training on how to work correctly by K3 standards to not interfere with their health. Most of the workers are very enthusiastic. The delivery of the material is not patronizing, because they prefer the discussion directly and from us only provide input as we know. This counseling and training can improve people's understanding of Occupational Safety and Health. Understanding the importance of K3 will reduce the risk of accidents during the work, increase work productivity, and foster interest in the study that the process of life and life in line with the worksystematics.

The form of activities of the implementation of counseling and training activities can be seen in the pictures below:





## **CONCLUSION**

Conclusions obtained from the implementation of this PKM:

- It is time for prospective workers to pay more attention to the health and environment around the workers.
- Prospective workers are obliged to use Personal Protective Equipment for their safety and health.
- The need for further training and counseling on environmental pollution around prospective workers.

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